

LOS ANGELES REGIONAL



Fighting Hunger. Giving Hope.

LOS ANGELES REGIONAL FOOD BANK
In collaboration with:
Rowland Heights Community Christian Church



Invite you to receive free healthy foods from our Mobile Food Pantry Program!

Food distributed may include: Fresh fruits and vegetables, canned meats, beans, soups, rice, pasta, sauces, grains, bread and yogurt!

All Participating Households
Must Meet the
USDA Income Guidelines
below:

USDA Household Income Guidelines

1 Person- \$1,517 per month
2 People- \$2,057 per month
3 People- \$2,597 per month
4 People- \$3,137 per month
5 People- \$3,677 per month
6 People- \$4,217 per month



**For your convenience, please bring your
grocery cart or reusable bags**

Mobile Food Pantry Distribution will be on:

January 24th, February 28th, March 28th

1:00 P.M. -3:00 P.M.

(4th Thursday of Every Month)

Rowland Heights Community Christian Church

19309 Colima Road

Rowland Heights, CA 91748

(626) 965-3033

